

No matter the distance, **you** make a difference



A Time to Give Back

The holidays are quickly approaching, but you still have time to make an impact. This year, we're reminding everyone that, "No matter the distance, you make a difference." No matter where you are in the world, your support transforms a community health worker's life. Because of your help, Sacred Valley Health continues to expand its programming and to create healthier and safer communities. From the staff, promotoras, and Executive Board, we are grateful for all that you do. If you are interested in directly donating to Sacred Valley Health's End of the Year Campaign, please give through our [GlobalGiving](#) or [PayPal](#) pages. Or, if you're shopping online

this holiday season, proceeds from your purchases can go to supporting our organization through [Amazon Smile](#). Wishing you a safe and joyous holiday season from Sacred Valley Health.



Sacred Valley Health is excited to congratulate the third generation of promotoras!

A Very Special Graduation

Promotoras de salud are some of the most persevering and determined individuals that we've met. But did you know that every day, you help to make them even stronger? After several months of training, a new generation of eight promotoras graduated this past August, all thanks to your help. Julia, Estefania, Gregoria, Lucia, Teresa, Demecia, Flora, and Margarita are now official community health workers and will be able to provide public health education for their respective communities. Their success would not have been possible without you. Your generosity has provided them with the safe and necessary transportation to attend trainings and continuing education sessions at our office in Ollantaytambo. You have helped invest in their education by providing them with learning materials featuring health protocols on topics ranging from childhood nutrition to first-aid. You have made all the difference and have made their communities healthier and safer.



Howdy, Partner



SACRED
VALLEY
HEALTH

There's a new university group coming to town! The GlobeMed Chapter at the University of Texas at San Antonio (UTSA) has partnered with Sacred Valley Health to learn how to approach and solve public health challenges. A team of university students will spend the next year fundraising before flying down to our office in Ollantaytambo. Throughout their stay, the group will learn about promotoras' communities and will implement an anemia-testing project.

If you love seeing the wonderful things that Sacred Valley Health does, then you'll love what GlobeMed has in store for the upcoming year. Before coming to Ollantaytambo in the summer of 2016, the UTSA GlobeMed Chapter will be holding fundraisers for their trip. To show your support or donate, check out the chapter website: <http://utsaglobemed.com/welcome/>

Hearing from Promotoras

Every time you give to Sacred Valley Health, you empower a community health worker. Many of our docentes have access to greater opportunities and can extend their responsibilities as community health workers. Like Bertha, who is a docente from the community of Soccma. Bertha first served as a promotora before applying to be a docente, a position that allows her to train other promotoras who may live in even more remote communities than her own.



As a docente, Bertha has taken on more responsibility; however, she is excited for the challenges ahead.

“As a promotora, I’m able to take care of my family when they’re sick. I’m also able to help people in my community... It’s exciting to earn a salary and provide for my family. Never before in my life have I earned my own money.”

-Bertha, Soccma

Promotoras (and You!) Save the Day!

As you may know, Sacred Valley Health

received a Vitamin Angels grant earlier this year. This grant allows our promotoras and staff to promote a nutritional curriculum for parents while also distributing bottles of vitamins to children between the ages of 6 months and 5 years old. We would like say thank you to the university groups and volunteers for helping carry all of those vitamin bottles to Peru! Thanks to your support, we have successfully provided vitamins to over 200 children in thirteen communities across the Sacred Valley and have started a second round of distribution.



Thanks to your support, we have successfully provided vitamins to over 200 children in thirteen communities across the Sacred Valley



Welcome to the Family!

Our Ollantaytambo family keeps growing. Within the past three months, Sacred Valley Health has added three new members to its on-the-ground staff in Peru. We would like to extend a warm welcome to the following new staff:

Becka Richman—Community Coordinator
Kelly Lue—Community Coordinator
Natalia Cornejo—Community Coordinator

Copyright © 2015 Sacred Valley Health, All rights reserved.

Sacred Valley Health is a donor-supported 501(c)(3) nonprofit organization.

Our Tax ID is 45-4890401

Our mailing address is:

Sacred Valley Health

c/o Emily Groves

214 Summit Ave. E, #201

Seattle, WA 98102

[unsubscribe from this list](#) [update subscription preferences](#)

Improving health through education, access, and empowerment